



Introductory Training Project: ETHIOPIA

A six-week project to provide introductory training for health professionals and community workers at three care settings in and around Addis Ababa, Ethiopia.



Music as Therapy International is a UK registered charity whose mission has long been to make the unique and life-enhancing benefits of music available to as many vulnerable, marginalised people as possible. Our accessible approach equips our Local Partners with new ways of working with vulnerable people in their care on a day-to-day basis, using simple music therapy techniques.



We are seeking to appoint one music therapist and one 'assistant' to deliver this project, working in partnership with the local staff, to create a music programme, informed by principles of music therapy. This project will reach a wide range of client groups, encompassing learning disability, mental health and palliative care. Given the breadth of this project, we may also consider recruiting two music therapists.

- **The Music Therapist** will have relevant client group experience, experience in group work, and working with parents and families. Additionally, the successful applicant will have experience of participating in and/or leading music therapy workshops or experiential groups. Other teaching experience would also be considered helpful.
- **The 'assistant'** might be someone looking into music therapy as a career with relevant work experience. Your role will be to support the therapist, possibly videoing sessions or assisting with group work, as well as assuming responsibility for all administrative matters. You will need to raise a minimum contributory funding of £750 towards project costs. This is an excellent opportunity to gain valuable experience working alongside a music therapist.

For either role, relevant travel experience is valuable. Applicants will be checked by the DBS (Disclosure and Barring Service) and applying Music Therapists must be HCPC and BAMT registered.

Full induction, support and supervision will be provided before and during the project delivery. At the beginning of the project, a *Music as Therapy International* representative will be in Ethiopia to oversee the first week of the project and provide onsite support to the team. A debriefing meeting will be held after the project delivery.

Remuneration for this project is in line with local salaries and does not equate to UK pay scales. We will cover all travel, accommodation and local living costs for the duration of the project.

The three care settings in which you will provide an introductory training are as follows:

- 1) Gefersa Mental Health Rehabilitation Centre is the only mental health rehabilitation institution in the whole of Ethiopia, located about 20km northwest of Ethiopia's capital city, Addis Ababa. The Centre offers professional psychiatric treatment, boarding and rehabilitative occupational therapy to 200 patients.



2) The Ethiopian National Association on Intellectual Disability (ENAIID) is a local non-profit making and parental association, which provides services for 80 children and adults with a range of disabilities at its day care centre in Addis Ababa. It also serves around 400 children with special needs at its outreach sites in public schools.



3) Hospice Ethiopia was founded in 2003 and is the first and only hospice in Ethiopia, located in Addis Ababa. Its aim is to improve the quality of life of patients, with incurable diseases particularly cancer and/or HIV and AIDS, and the patients' families through provision of palliative care and support services.



It is anticipated that two days each week will be spent at Gefersa Mental Health Rehabilitation Centre and The Ethiopian National Association on Intellectual Disability and one day each week will be spent at Hospice Ethiopia.

Applicants will leave the local staff with the musical instruments, skills and confidence to enable them to sustain and develop the music programme well beyond the initial 6-week introductory training.

In addition to delivering music sessions and training, the music therapist and assistant will have a few administrative responsibilities. These will include:

- Writing a blog for our supporters
- Taking photographs and/or video (with consent)
- Keeping onsite accounts and working within a budget
- Writing a report for sponsors (assistant)
- Writing a clinical report (music therapist)



Ethiopia, in the Horn of Africa, is a country rich in history and culture. Music plays a huge part culturally with around 80 different ethnic groups being associated with unique sounds through their music.

With improvements to the health system, Ethiopia still lacks in health facilities and trained professionals, especially in therapeutic fields. The experience of using music as a therapeutic tool for health and wellbeing purposes are non-existent. This is something we have been invited to change by Ethiopian Surgeon and Musician Dr. Melkamu Meaza.



"Being successful in these sites especially at Gefersa Mental Health Rehabilitation Centre will help us convince the government and other stakeholders on the benefit of music, so that all parties give more attention to music therapy. I am very optimistic that your organization will be part of this vision and play a crucial role in putting music, health and wellbeing in the big picture here, in Ethiopia" (Dr. Melkamu Meaza)

For application forms and any enquiries, please contact Makeda Mitchell:

makedamitchell@musicastherapy.org

Deadline for applications: 8th June 2018

A group interview will be held on Saturday 23rd June in London. Successful candidates at interview stage will be invited to attend a selection day on 7th July.

The successful team will travel to Ethiopia for six weeks in the autumn (provisional dates are 20th October – 30th November).

Please visit our website to find out more about our work in Ethiopia to date: www.musicastherapy.org and find us on [Facebook](#).